



Claddagh sunrise  
Galway, Ireland.  
[@galwaytourism](https://www.instagram.com/galwaytourism)



**BPW Europe**  
Business and Professional Women

GALWAY, MAY 24 – MAY 26, 2019



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# Women's oral health

## An overview

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Maxillofacial surgeon  
BPW Spain



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# Oral health

- More than good teeth
- Essential for wellbeing.
- Integral to general health
- Mortality risk



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# Oral diseases

- ✓ **Dental caries**
- ✓ **Periodontal disease**

**Trauma**

**Development disorders**

**Oral Infections: HPV, HIV..**

**TMJ**

**Oral cancer and precancer**

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# Does sex and gender matter?

- Women have special oral health requirements during the unique phases of their life

- Changes in female hormone levels

- Puberty
- Menstrual cycle
- Pregnancy
- Menopause



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## ***Caries and periodontal diseases***

- Salivary composition
- Hormonal fluctuations
- Dietary habits..
  
- Heart disease
- Stroke
- Diabetes
- Respiratory problems
- Pregnancy outcomes



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# TEETH LOSS

BONE ATROPHY

OSTEOPOROSIS

OSTEONECROSIS : BISPHTHONATS

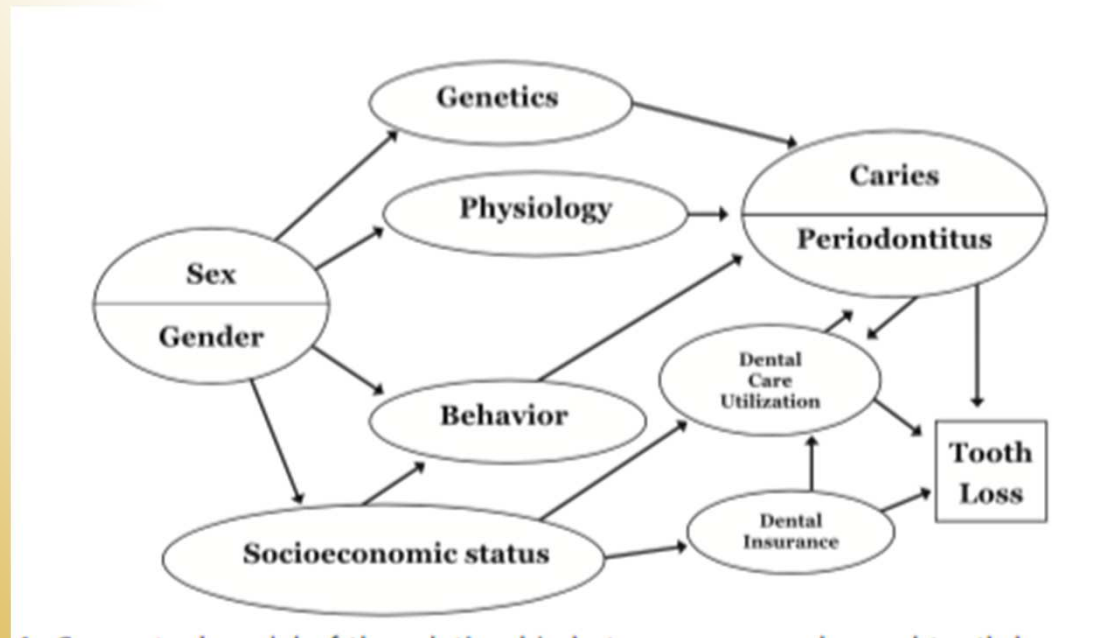


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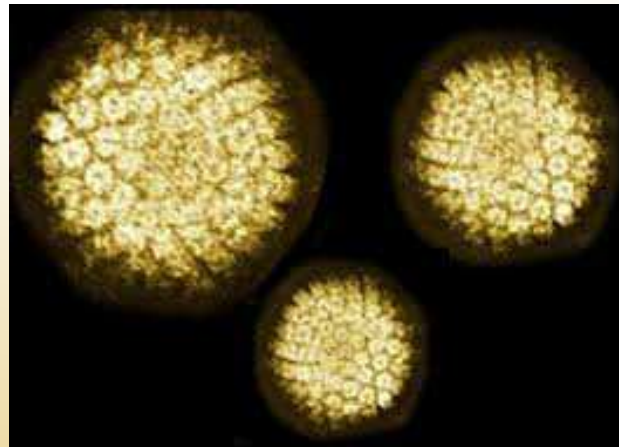
## Oral cancer

3% of cancers  
Age >40



Women rates lower than men  
Recent trends show a increase in incidence among women

Tobacco  
Alcohol  
Nutritional  
VPH  
Sun..



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# Temporomandibular disorders

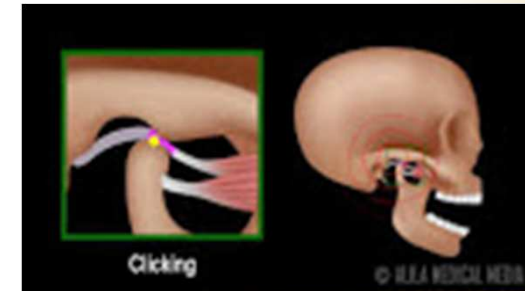
**Biggest risk factor**

**Prevalence 6:1**

**20-40 years**

**hormonal**

**psychological**



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- Women´s Health has been defined as diseases or conditions that are unique, more prevalent, or more serious in women.

- They have distinct causes or manifest themselves directly in women; or have different outcomes or require different interventions than men.

This definition encompasses Oral diseases and its conditions

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# Goals

- Oral health close related to overall health
- Different oral needs in women
- Promote healthy lifestyles



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**thank  
you**

